



## Northmoor Academy

### Subject Overview: PE – 2023-2024

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Reception</b>	Fine and Gross MS Movement skills  Multi-skills SPLAY (Moving On)	Fine and Gross MS Movement skills  Multi-skills SPLAY (Gymnastics)	Fine and Gross MS Movement skills  Multi-skills ABC Stations	Fine and Gross MS Movement skills  Multi-skills Open Activities	Dance  Multi-skills Ball Skills	Dance  SPLAY (Athletics)
<b>Year 1</b>	Gymnastics  Multi-skills ABC Stations	Dance  Multi-skills Agility Activities	Gymnastics  Multi-skills Coordination Activities	Dance  Multi-skills Sending and Receiving	Team Games  Striking Activities	Tennis  Athletics
<b>Year 2</b>	Gymnastics  Multi-skills ABC Stations	Dance  Multi-skills Travelling	Gymnastics  Multi-skills Jumping	Dance  Multi-skills Sending and Receiving	Team Games  Striking Activities	Cricket  Athletics
<b>Year 3</b>	Gymnastics Swimming  Hockey	Dance Swimming  Rugby	Orienteering Swimming  Football	Gymnastics Swimming  Netball	Dance Swimming  Cricket	Orienteering Swimming  Athletics
<b>Year 4</b>	Gymnastics  Hockey	Dance  Rugby	Gymnastics  Football	Dance  Netball	Orienteering  Cricket	Athletics  Athletics
<b>Year 5</b>	Gymnastics  Football	Dance  Basketball	Dodgeball  Lacrosse	Handball  Football	Orienteering  Tennis	Athletics  Rounders
<b>Year 6</b>	Gymnastics  Football	Bench Ball  Basketball	Dance  Lacrosse	Handball  Football	Orienteering  Tennis	Athletics  Rounders