

The Harmony Trust PSHE Subject Overview including RHE (2023-2024)

(Some topics bridge one or more themes and other aspects are taught through science or computing as and when the circumstances require it)

| Key Themes | | |
|-----------------------|-------------------------|---------------------------|
| Health and Well-Being | Relationships Education | Living in the Wider World |

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|---|--|---|--|---|---|
| Nursery | Taught across all areas of the curriculum through planned provision | | | | | |
| Reception | Rules and Responsibilities | Taught across all areas of the curriculum through planned provision | | | | |
| Year 1 | Rules and Responsibilities | Feelings <i>Zippy Module 1</i> | Keeping Safe | Communication – <i>Zippy Module 2</i> | Healthy Lifestyles | Communities |
| Year 2 | Rules and Responsibilities | Making and breaking relationships <i>Zippy Module 3</i> | Changing and Growing | Conflict Resolution <i>Zippy Module 4</i> | Money | Separation & Loss <i>Zippy Module 5</i> |
| Year 3 | Rules and Responsibilities | Healthy Lifestyles | Resilience & Keeping Safe <i>Zippy Module 6?</i> | Safety (e-safety) | Similarities and Differences | Emotions |
| Year 4 | Rules and Responsibilities | Physical, Emotional and Mental Health Feelings <i>Apple Module 1</i> | Economic Awareness (Managing Money) | Communication – <i>Apple Module 2</i> | Growing and Changing | First Aid |
| Year 5 | Rules and Responsibilities | Nutrition and Food | Friendship <i>Apple Module 3</i> | Drugs, Alcohol and Tobacco | Solving Problems – <i>Apple Module 4</i> Include cyber bullying | Health – Physical, Emotional and Mental |
| Year 6 | Rights and Responsibilities | Changes, including Loss <i>Apple Module 5</i> | Healthy Relationships | Aspirations | Economic Awareness Business Enterprise | Moving Forward – <i>Apple Module 6</i> Transition School Nurse Visit |